

The Colorado

Health Report Card



The Colorado Health Foundation™

The 2012 Colorado Health Report Card

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What is the Colorado Health Report Card?

Methodology

- 2012 Report Card includes 38 indicators grouped into five life stages



Healthy
Beginnings



Healthy
Children



Healthy
Adolescents



Healthy
Adults



Healthy
Aging

- Grades are based on Colorado's ranking among states using most recent data available

A

B

C

D

F

Top 10
states



Bottom 10
states



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The Results

Life Stage	2012 Grade & Average Rank	
Healthy Beginnings	C	25th
Healthy Children	D+	31st
Healthy Adolescents	B	15th
Healthy Adults	B+	13th
Healthy Aging	B+	11th

RANK

1 = Best
50 = Worst

GRADING SCALE

A (1–10) Excellent
B (11–20) Good
C (21–30) Average
D (31–40) Poor
F (41–50) Unacceptable



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What If We Were Number One?

An example:

Colorado: **77.0%** of kids received a preventive dental visit in the past year



Hawaii: **86.9%** of kids received a preventive dental visit in the past year

If Colorado were ranked **#1** instead of **#38**,
116,000 more kids would have received a preventive dental visit in the past year

*How will this impact the economy?
See Report Card Supplement*

What if We Were No. 1?

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Keeping Colorado Competitive

Roadmap to a Healthier, More Productive Workforce

Supplement of the 2012 Colorado Health Report Card



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supplement



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Economic Impact



What could Colorado employers and employees gain if certain health rankings improved to No. 1 among the states?





Economic Impact: Examples

Indicator	Economic Impact
Adult Obesity	If Colorado's adult obesity rate returned to 1996 levels, Colorado employers and employees could save an estimated \$228.9 million annually in health care costs
Childhood Obesity	If Colorado were No. 1 in childhood obesity, Colorado employers and their employees could save an estimated \$38.4 million annually in health care costs
Mental Health	If Colorado were No. 1 for the lowest rate of depression, Colorado employers and employees could save an estimated \$121.1 million annually in health care costs



Obesity

- Health care costs for obese employees were **27.4 percent higher** than for those of a normal weight
- The cost of obesity among full-time U.S. employees is estimated to be **\$73.1 billion** when factoring in medical costs, absenteeism and presenteeism



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Mental Health

- Lost productivity relating to depression costs employers **\$44 billion** each year
- **217 million** workdays are completely or partially forfeited annually due to mental illness in the U.S.

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