Strengthening and Transforming Primary Care through a Team Based Approach

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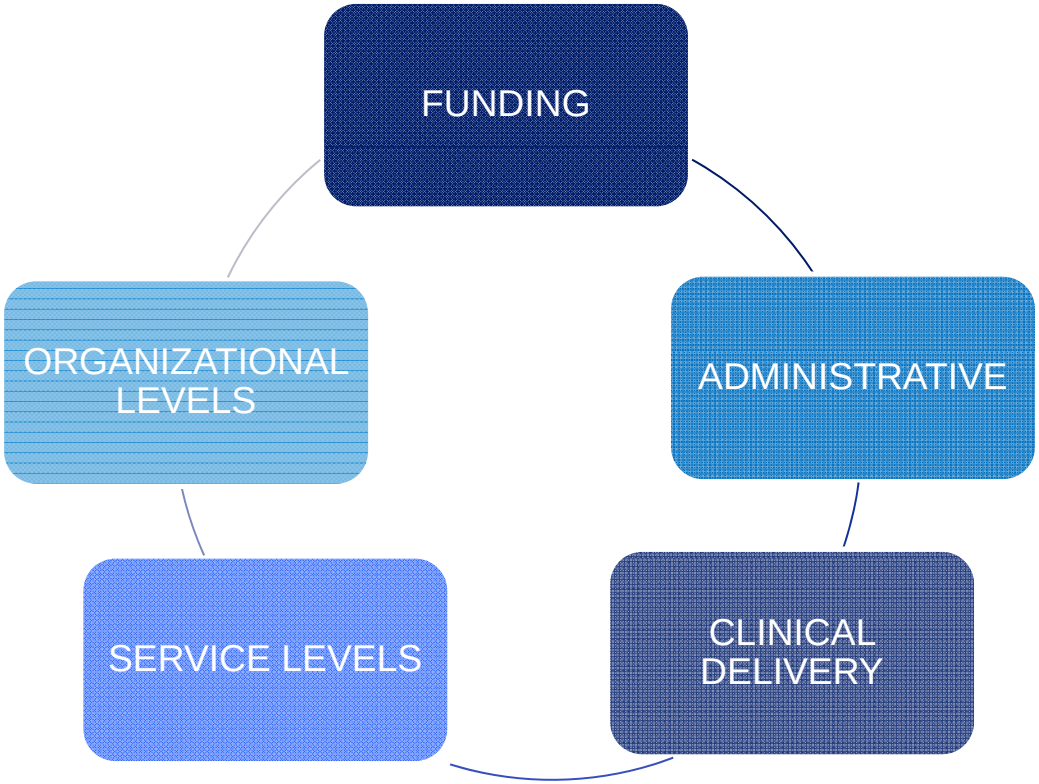
Aetna Foundation

GIH Webinar

October 18, 2011

Transforming Primary Care

Definition of Integrated Health Care



Integrated Health Care includes five domains that create connectivity, alignment and collaboration within the health care system.

Adapted from Kodner D and Spreeuwenberg C. Integrated care: meaning, logic, applications, and implications – a discussion paper. Int J Integr Care. 2002. 2(14):1-6.

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Adverse Impacts of Lack of Integration

- Poor clinical outcomes
  - preventable medical errors cause more deaths than breast cancer, automobile accidents or drowning.[1]
- Poor patient experience/satisfaction
  - improvements in patients' experiences and quality, but no clear linkages between integrated health care and these improvements.[2]
- High costs resulting from inefficient care
  - 30-40% of all hospitalizations are avoidable.[3]
  - Almost 20% of Medicare beneficiaries discharged from hospital rehospitalized within 30 days and 34% within 90 days, at a cost of $17 billion/year.[4]

[1]Hoyert DL, Kung HC, Smith BL. Deaths: Preliminary Data for 2003. National Vital Statistics Reports. 2005;53(15).

[2]Reid RJ, Coleman K, Johnson EA, et al. The Group Health Medical Home at Year Two: Cost Savings, Higher Patient Satisfaction and Less Burnout for Providers. Health Aff. 2010; 29(5):835-843

[3]AP. Better care, pay less: some communities find a way. Sept. 7, 2009. http:abcnews.go.com/health/wirestory?id8508105&page=2

[4]Jencks SF, Williams MV, Coleman EA. Rehospitalization among Patients in the Medicare Fee-for-Service Program. NEJM. 360;14:1418-28.

Integrated Health Care and the Triple Aim: Promoting High-Quality Care

The goals of the Triple Aim[1] can be achieved by integrated health care and align with the goals of the Aetna Foundation of promoting high-quality care.

These goals include:

- Improving health of populations.
- Improving individual experiences of care.
- Reducing per capita costs of health care.

[1] Berwick D., Nolan T, Whittington J., The Triple Aim: Care, Health and Cost, Health Affairs 27, No 3.(2008):759-769

Integrated Health Care Definition

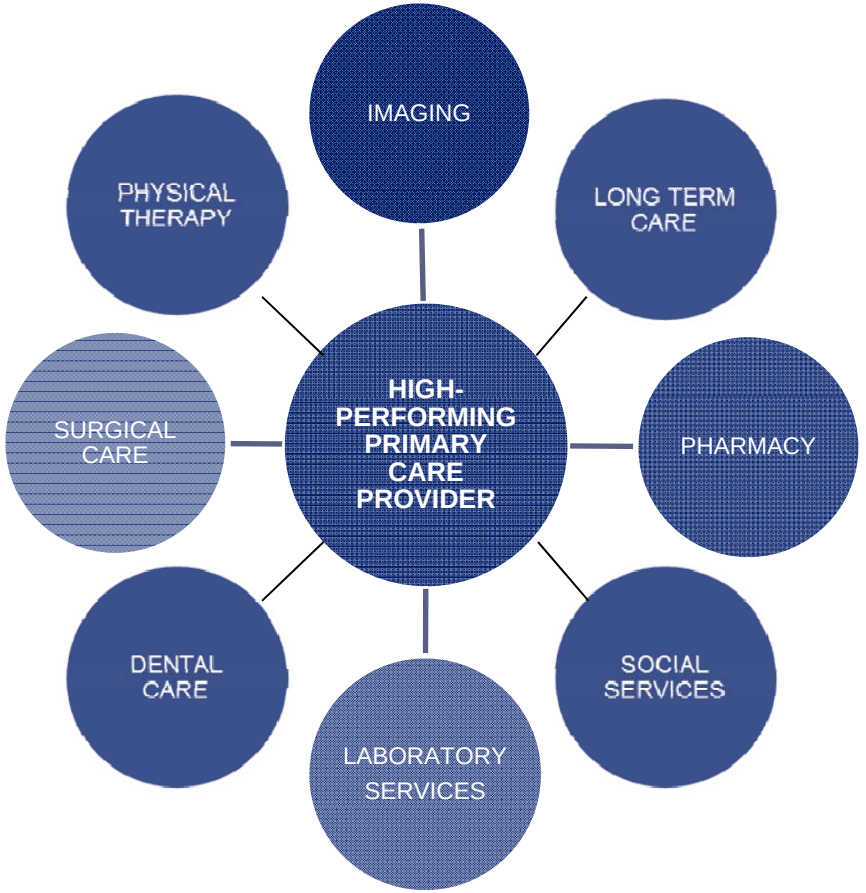
"Starts with good primary care and the delivery of comprehensive health care services that engage patients, and are well coordinated with good communication among providers."

Direct Communication, Dr. Anne Beal, President, the Aetna Foundation. Adapted from www.aetnafoundation.org/foundation/aetna-foundation-programs/programs areas/integrated-health-care.html

Care Coordination and Integrated Health Care

Care Coordination is a core component of Integrated Health Care (IHC).

A high-performing primary care provider is at the center of IHC; and is responsible for directing and managing the delivery of seamless, well-coordinated care for patients.



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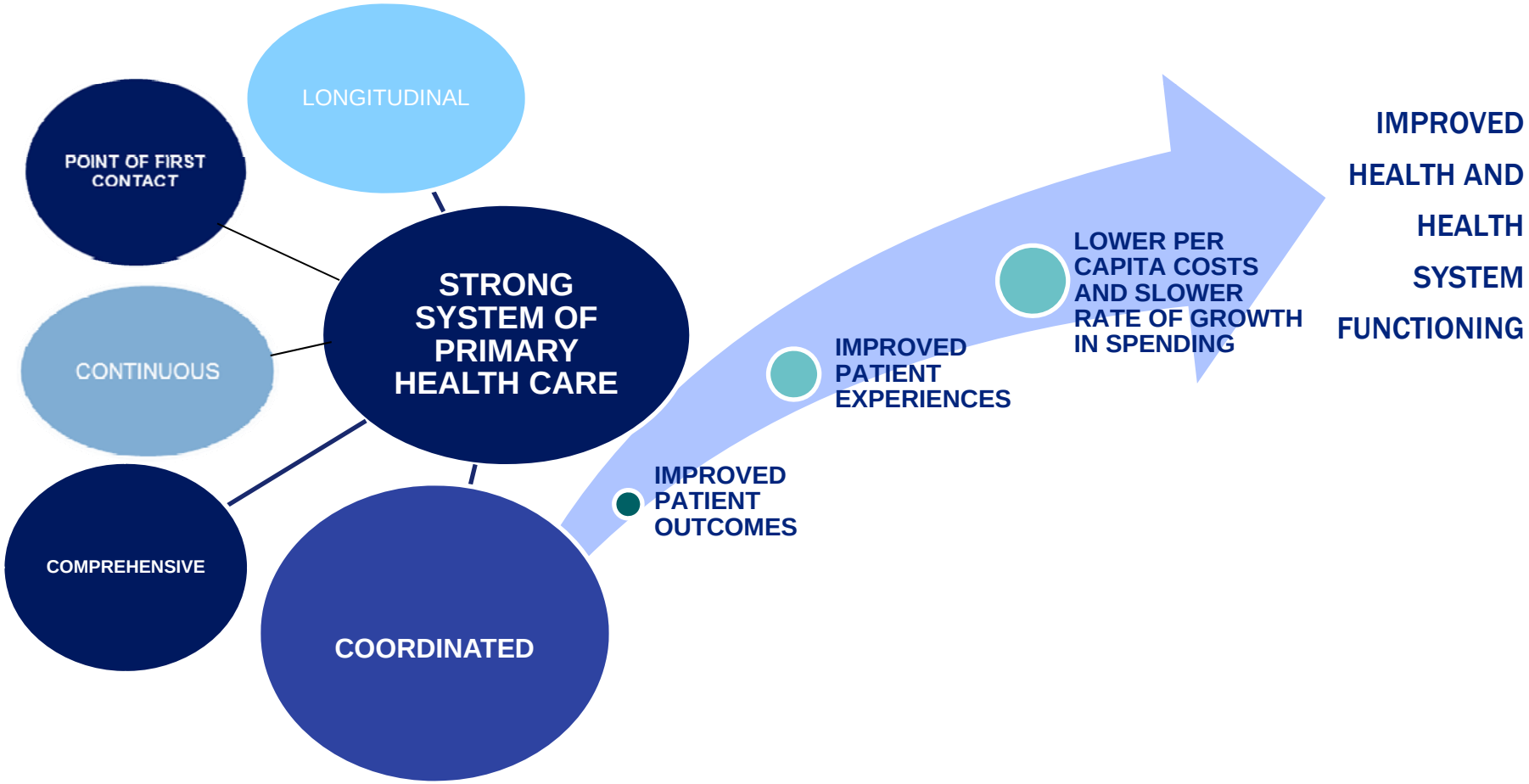
Care Coordination and Primary Care

A strong system of primary care provides the foundation for care coordination.



What Role Can Foundations Play?

- Support Innovation in Clinical Settings
  - Demonstrations
  - Pilots
- Identify Already Existing Promising Practices
- Dissemination
  - Convening
- Research and Evaluation
- Payment Policies (Federal, State, Private)
- Training
- Standards and Measures

Integrated Health Care Program Goal

To promote evidence-based, effective models of care coordination that lead to high-quality, patient-centered, cost-effective health care services and improved health outcomes.

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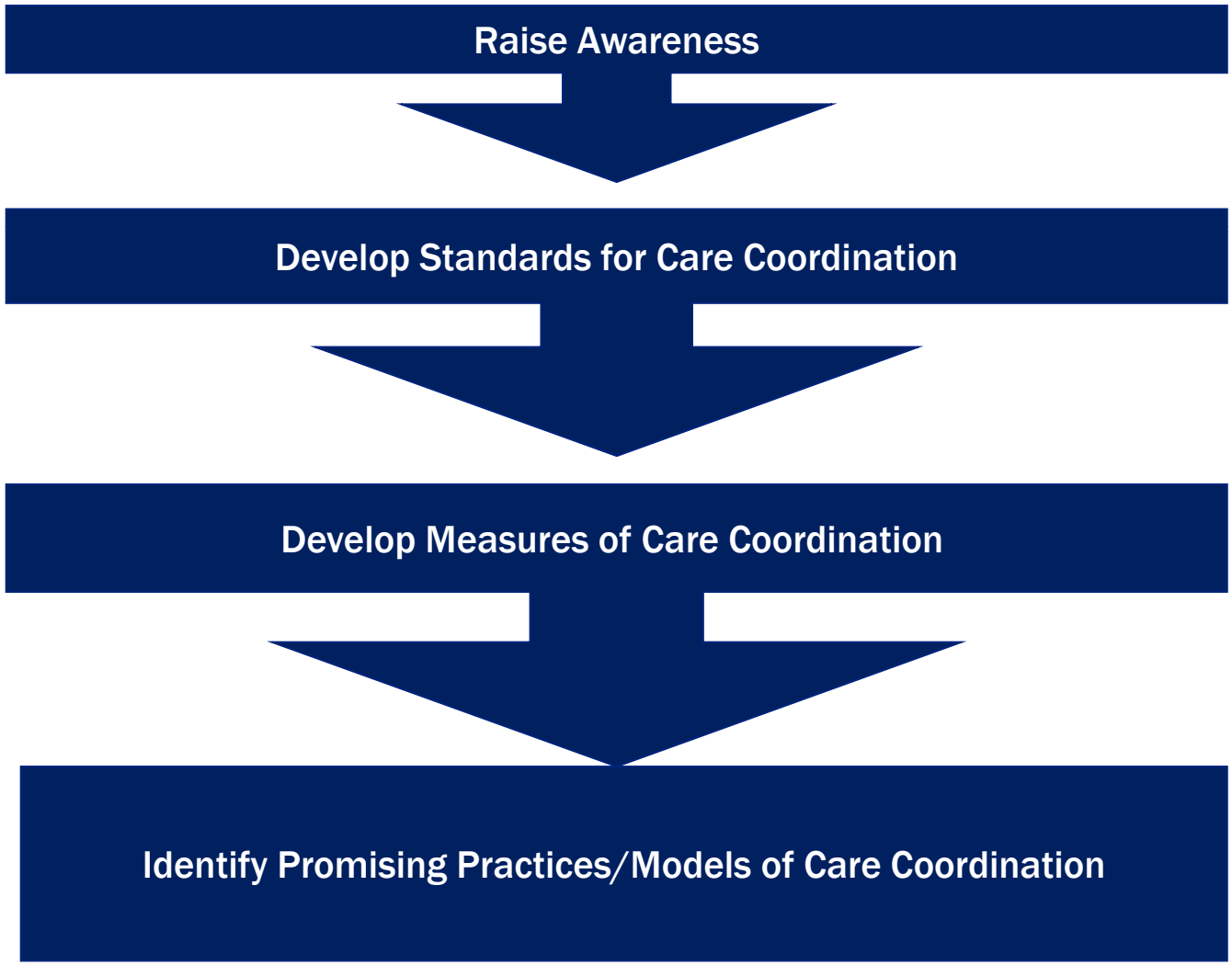
Integrated Health Care: Promoting Care Coordination



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Integrated Health Care Program: Three Strategies

DEVELOP STANDARDS FOR CARE COORDINATION

DEVELOP MEASURES OF CARE COORDINATION

IDENTIFY PROMISING PRACTICES OR MODELS OF CARE COORDINATION

CARE COORDINATION

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Integrated Health Care Program: Funded Projects

FUNDED PROJECTS	STRATEGIC APPROACHES		
	STANDARDS FOR CARE COORDINATION	MEASURES OF CARE COORDINATION	PROMISING PRACTICES/ MODELS OF CARE COORDINATION
BAYLOR COLLEGE OF MEDICINE Medical Home Care and Children with Special Health Care Needs		X	X
MASSACHUSETTS GENERAL HOSPITAL **Transforming Primary Care for Diverse Adults and Children with Chronic Conditions**		X	X
RAND Quantifying the Cost of Poor Care Coordination	X	X	
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO Defining and Measuring Integrated Care to Eliminate Inequities in Care	X	X	X
UNIVERSITY OF FLORIDA The Relationship between Primary Care Medical Homes, Patient Engagement, and Outcomes of Care		X	X
NATIONAL PUBLIC HEALTH AND HOSPITAL INSTITUTE **Integrated Health Care for Vulnerable Populations: Supporting**	X	X	X

THANK YOU

AND

DISCUSSION