Integrated Behavioral Health and Primary Care: Challenges, Opportunities, and Next Steps

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Ben Miller, Eugene S. Farley, Jr. Health Policy Center, Department of Family Medicine, University of Colorado School of Medicine
CREATING A CULTURE OF WHOLE PERSON HEALTH: MULTI-METHOD RECOMMENDATIONS FOR THE FIELD OF INTEGRATED BEHAVIORAL HEALTH AND PRIMARY CARE

Benjamin F. Miller
Department of Family Medicine
Definition

The care that results from a practice team of primary care and behavioral health clinicians, working together with patients and families, using a systematic and cost-effective approach to provide patient-centered care for a defined population. This care may address mental health, substance abuse conditions, health behaviors (including their contribution to chronic medical illnesses), life stressors and crises, stress-related physical symptoms, ineffective patterns of health care utilization.

Value of Integration:
Physical/Behavioral Integration is good health policy and good for health.

Our approach

• The principle objective of this project is to better understand the field of integrated primary care and behavioral health. To accomplish this, there are four main objectives:

• To conduct a literature review of peer reviewed manuscripts, grey literature and expert writing on the internet (i.e. blogs, articles, etc.);

• To conduct key informant interviews to obtain a depth of insider knowledge regarding the field of integrated behavioral health and primary care;

• To convene a national leader summit to address the barriers and facilitators to full-scale adoption of behavioral health and primary care integration and to advance the field from clinical, operational, financial, training, and policy perspectives; and

• To make recommendations to RWJF and other funders as to how they may be able to help the field move forward.
To create a culture of health and transform the culture of healthcare delivery.
Ground Rules

WE WANT TO HEAR FROM YOU!
Funding

• What work related to integration does your organization currently fund?
Funding

• Please describe any promising efforts.
Challenges

• What specific questions or challenges would you like to see our work address?
Recommendations

• How can we design and optimize our recommendations to be useful to funders?
• What are some priorities we should keep in mind?
Dissemination

• How does your organization stay current with findings and recommendations?
• What sources do you turn to?
Additional thoughts?

BENJAMIN.MILLER@UCDENVER.EDU
• More webinars on this topic?

• New topics you want to tackle or learn more about?

• Innovative work that you want to share?

• A question you want to pose to your colleagues?

Contact us at bh@gih.org