

# Establishing Healthy Nutrition Policies in Early Childhood

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# Spectrum of Opportunity for Early Childhood Obesity Prevention



# MO Facility Level Interventions

- 
- **Professional Development & TA**  
Nemours: Early Care and Education  
Learning Collaborative
  - **CACFP**  
Voluntary certification for CACFP Programs:  
Eat Smart, Move Smart and Breastfeeding Friendly
  - **Missouri Accreditation Standards**

# Missouri Policy Landscape

## Challenges

- Anti-regulatory state
- Contentious licensing rule-making process
- Exploring QRIS

## Opportunities

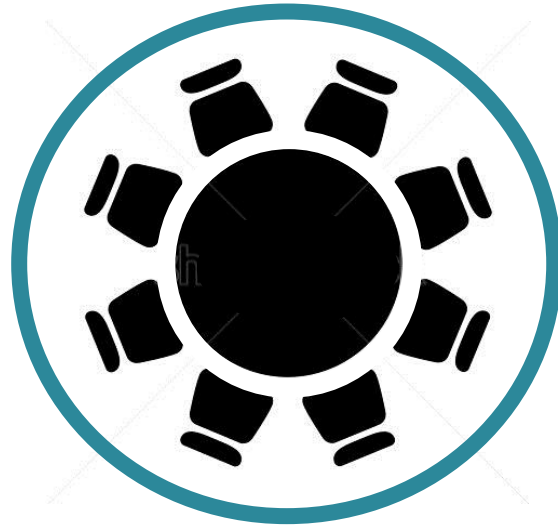
- Missouri Children's Service Commission Recommendations
- Missouri Council on Activity and Nutrition involvement
- Alignment with:
  - New CACFP rules
  - YMCA HEPA standards

# Participatory Policy Development

STATEWIDE SURVEYS



ROUNDTABLE CONVERSATIONS



WEBINARS



PRIORITIZING KEY REGULATIONS



A red-bordered rounded rectangle containing the logos of the Core Planning Team members. The logos are arranged in two rows. The top row includes the University of Missouri Extension logo, the YMCA logo (with 'the' and 'YMCA' text), and the UMKC logo. The bottom row includes the Children's Mercy Kansas City logo and the Public Health Law Center logo.

# Building Political Will: Who Plays a Role?

**CHILD CARE  
PROFESSIONALS**



**FAMILIES**



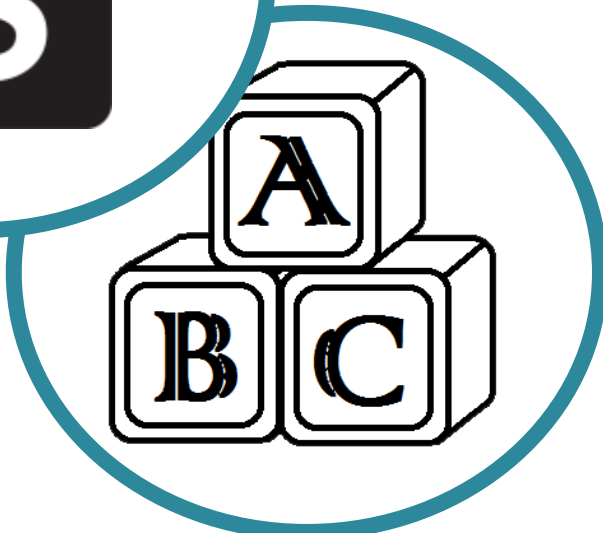
**HEALTH EXPERTS  
& ACADEMICS**



**FUNDERS**



**EARLY  
CHILDHOOD  
EDUCATION  
ADVOCATES**



# Lessons Learned & Recommendations

