

Using Housing as a Platform to Improve Health March 31, 2016 1:00 pm Eastern *Cosponsored by Funder Together to End Homelessness*

Andrea Iloulian, The Conrad N. Hilton Foundation Russell Johnson, HealthSpark Foundation Fred Karnas, The Kresge Foundation





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Philanthropy's Role in Connecting Health and Housing Fred Karnas, The Kresge Foundation



Context: The Housing and Health (Re)Connection

- Housing as a service delivery portal: Supportive Housing
- Housing as prevention: Addressing Substandard Housing
- Comprehensive Neighborhood Development: Affordable Housing



Opportunities

- Medicaid Expansion
- ACA
- State efforts to address health costs and quality of service
- New more comprehensive approaches to housing and community development
- Affirmatively Furthering Fair Housing
- Disparate Impact



The Role of Philanthropy

- Build the Evidence Base
- Change the Narrative
- Advance Policy Change
- Support Community Engagement
- Build Bridges Across Sectors
- Accelerate Innovation
- Build Capacity



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Ending Chronic Homelessness Strategic Initiative





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Housing is Healthcare

SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH Community HOUSING AND URBAN HEALTH CLINIC Health Network 234 Eddy Street, S.F., CA 94102 Tel. (415) 353-5095 OF SAN PEAN CISCO NAME DATE 🗳 Berwizk Don ADDRESS ZIP AGE I supportive housing Unit M.D. LABEL AS SUCH Bamberger 11.shua refil(0 1 2 3 (PLEASE CIRCLE) License No. DEA # as divected



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Housing is Healthcare

Los Angeles Frequent Users Systems Engagement (FUSE) Program

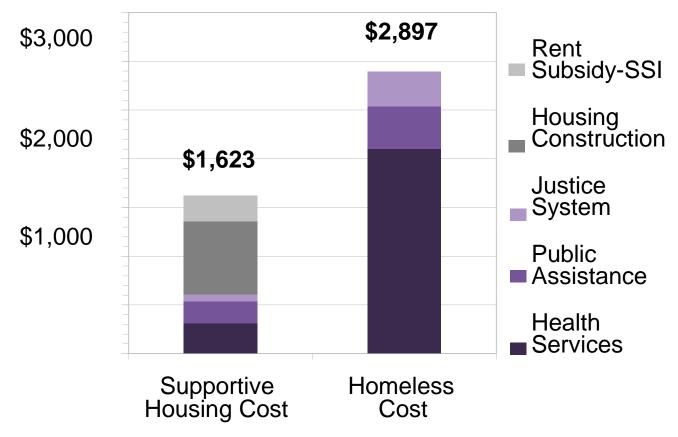
Los Angeles Flexible Housing Subsidy Pool

Los Angeles County Department of Health Services – Housing For Health



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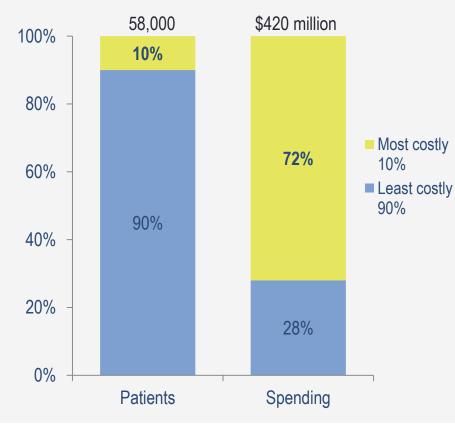
Monthly Cost Reduction in Supportive Housing in Los Angeles



Source: Economic Roundtable, 2009

Highest-Need, Highest-Cost 10%

Los Angeles: Homeless Individuals 10% use 72% of healthcare resources





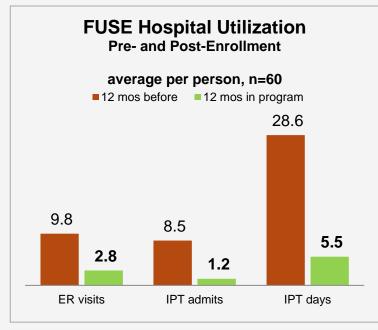
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Los Angeles Frequent Users Systems Engagement Program (FUSE)

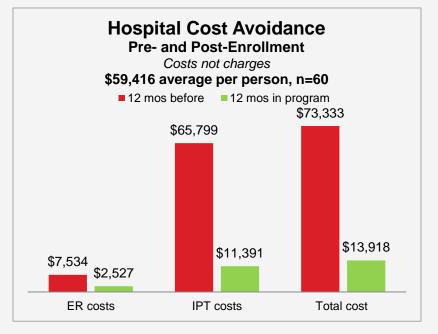
FUSE/SIF Hospital Utilization and Cost Avoidance (Actuals)

81% Average Decrease In Total Costs Per Client Per Year

ER utilization down 71% Hospital readmissions down 85% Inpatient days down 81%



ER costs down 66% Inpatient costs down 83% Total costs decreased 81%

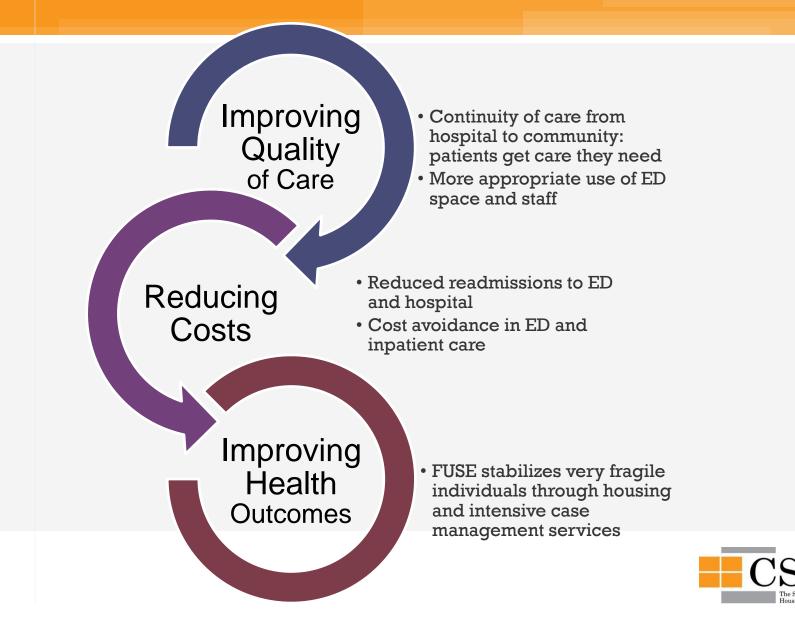


Average cost avoidance per person: **\$59,415** Largest individual cost avoidance: **\$2.2 million** 25% of the cohort avoided costs in excess of \$100,000



Source: FUSE/SIF hospital cost data, September 2013

Triple Aim alignment



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Flexible Housing Subsidy Pool

089.3 KPCC LISTEN LIVE NEWS PROGRAMS EVENTS: SUPPOR Dr. Mitch Katz and the quest to cure LA's health Rina Palta August 10 2015

WHY HOUSING MATTERS TO DHS

- \$70 million/year inpatient costs for homeless patients
- \$32,000 cost savings per year post housing
- Reduction in hospital utilization by homeless before and after housing:
 - 77% reduction in emergency room visits
 - **77% reduction** in inpatient admissions
 - 85% reduction in inpatient days



NEW RENTAL SUBSIDY PROGRAM

- Launched: January 2014 by Housing for Health
- **Mission:** Quickly and effectively house homeless
- Initial Funding: \$18 million (w/ \$4 million from Conrad N. Hilton Foundation)
- Housing Types: Supportive; Affordable; Private market housing
- Product Types: Single unit; blocks of units; entire buildings





Your Way Home Montgomery County

Building a Public/Private Partnership

Funded in part by:



The Core Partners

Public Sector

- County Departments of
 - Behavioral Health
 - Housing
 - Child Welfare
 - Veteran's Affairs
 - Aging & Adult Services
 - Community Connections
- Housing Authority

Private Sector

- Foundations
- Nonprofit Housing Providers
- Housing Resource Centers
- 2-1-1
- Landlords

Our Beginning

YWH emerged from a collaboratively funded community needs assessment that found that consumers had difficulty accessing the county's homeless system; and that the homeless service provider community also experienced difficulties working together to end homeless for their clientele.

Why a Health Foundation Invests in Housing

HealthSpark had a health and human services grants portfolio that invested in:

- Capacity building
- Program development to design, test and launch high quality, costeffective programs and services

Grantees told us that people experiencing poverty needed 5 things to sustain health, recovery from trauma and illness, and exit poverty:

- 1. Stable housing
- 2. Access to healthy foods and nutrition
- 3. Access to affordable healthcare
- 4. Access to training and education
- 5. Sustainable wages and reliable sources of household income

We refocused our systems change grants portfolio in 3 areas: Health, Housing, and Food.

Scanning the Community Landscape

- Five county agencies were unilaterally deciding how to deploy local, state and federal funds resulting in a confusing landscape for service providers and housing developers
- Several foundations supporting direct services to homeless people; but none investing in building/improving the service delivery system
- No philanthropic funds were available to "follow the client"; they were all site specific
- County using HUD rules and guidelines to design and operate its homeless system

Scanning the Community Landscape

- Number of people presenting as "homeless" was growing
- Economy in crisis Worldwide Recession
- Not one direct service provider was trained to use any evidencebased or promising best practice case management or client vulnerability assessment tool
- The 'Continuum of Care' was fragmented and clogged with consumers unable to exit the system

Our Initial Focus

- Figure out how to maximize revenue in the context of an economic recession
- Explore political will to consolidate government funds and develop a cohesive funding strategy
- Determine how to serve homeless population in a cost-effective, high quality/high impact way
- Ascertain who was being served and why
- Establish how to use data to inform the discussion
- Identify evidenced-based tools and promising best practices
- Locate communities where desired outcomes were occurring and potentially replicable

Beginning Partnerships and Activities

Partnerships

- HealthSpark Foundation, Community Foundation and County Dept. of Housing & Community Development
- Four homeless provider agencies
- Provider Collaborative Membership Organization

Activities

- Hired a consultant to identify communities with promising practices and demonstrated outcomes
- Hosted community stakeholder conversations to solicit feedback and explore adopting evidencebased tools and/or promising best consumer engagement practices
- Conducted a multi-stakeholder site visit to Alameda County to visit Everyone Home, also a publicprivate partnership built during the recession in response to HUD's Homeless Prevention and Re-Housing Program (HPRP)
- Launched a series of small pilot initiatives to test out new models of service delivery and widely shared results
- Shared lessons learned with members of Philanthropy Network (regional association of grantmakers)

Community Goals

- Improve the housing crisis response system
- Embrace *Housing First* principles and service delivery models
- Increase supply of permanent housing and align use of subsidies
- Build infrastructure and support for a strong *local* team to drive sustainable changes in the housing system

Core Values

- Safe and affordable housing is a fundamental human need
- Homelessness is both a housing a population health issue
- Consumer-directed services
- Serve consumers in their own homes and community whenever stability supports exist
- Promoting housing stability improves the quality of life and builds stronger communities

YWH Strengths

- Coordinated entry system
- Open HMIS and data sharing
- Diversion counseling (homeless prevention)
- Rapid Rehousing as a core intervention
- Partnerships among public and private stakeholders
- Coordination with behavioral health, employment services, landlords and child care providers
- Housing voucher priority system
- Learning collaborative
- Leveraged cross-sector funding (government/philanthropy)

Roles for Philanthropy

- Environmental Scan
- Learning
 - Site visits (external and internal to system)
 - Training (cost of trainers, training materials, meeting materials, etc.)
 - Learning collaborative (independent facilitation, meeting materials, etc.)

Funder Collaborative

- Shift from individual provider investments to pooled fund with resources that follow the consumer; landlord risk mitigation fund;
- Capacity building, scaling impact, research and evaluation
- Support for fiscal sponsorship role
- Evaluation (Continuous Quality Improvement; Process Improvement, etc.)

Fiscal Sponsorship

- Pooled funds require a fiscal sponsor to manage
- Heavy burden to convince funders to pool their funds
 - Overcome individual funder grant application, reporting and oversight processes
 - Consider historical relationships with grantees
 - Preservation of investments supporting general operations
 - Additional investments to support client outcomes
- Sponsor's relationship with donors and supported organizations

Advantages of Pooled Funds

- Reduced transactional costs for funders and grantees
- Ready access to pooled funds supporting timely delivery of financial assistance (Rapid Re-housing especially benefits from this pool)
- Enhanced impact (Providers have aligned goals, processes and quality benchmarks)
- Funds are not linked with or restricted to the provider serving the consumer (clients move)

Advantages of Public/Private Partnership

- Coordinated agenda, mutually agreed upon priorities and shared vision fosters improved coordination across behavioral health, employment and child care systems, landlords, municipalities, businesses and others
- Positive system outcomes data and achievement of milestones attracts more and diverse sources of investment
- Covering gaps in public dollars shortens temporary housing stays and helps ensure timely and successful rehousing in affordable housing
- Coordinated effort reduces the burden on clients to find assistance

HealthSpark Foundation

A small asset, community-focused foundation investing in healthy communities

Russell Johnson

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- More webinars on this topic?
- New topics you want to tackle or learn more about?
- Innovative work that you want to share?
- A question you want to pose to your colleagues?

Contact GIH at equity@gih.org. Contact Funders Together at lauren@funderstogether.org.