

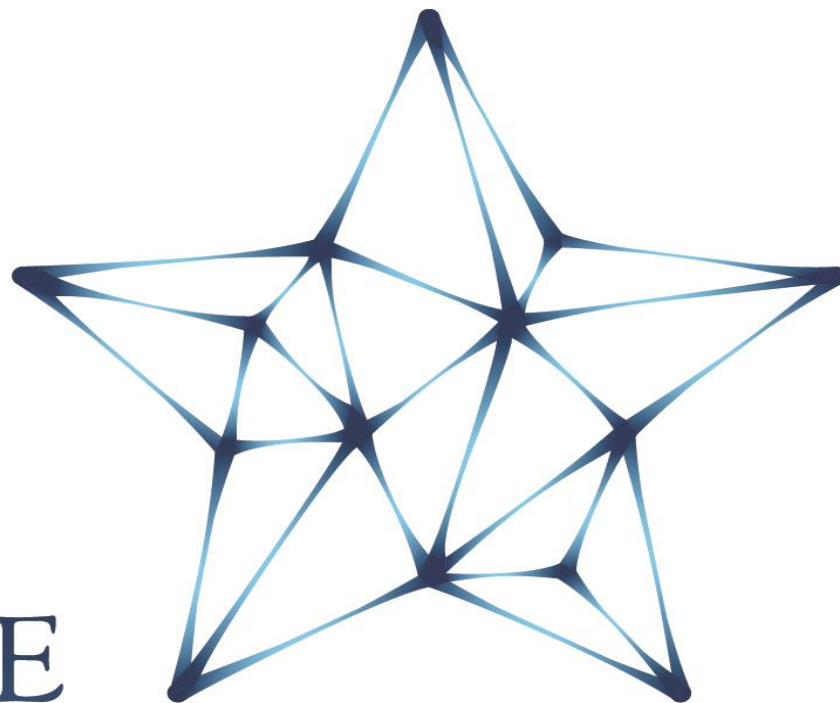
Achieving Mental Health Parity and Addiction Equity

April 8, 2014 3:00 p.m. Eastern

William Emmet, Kennedy Forum

Elizabeth Myung Sook Krause, Connecticut Health Foundation

Tym Rourke, New Hampshire Charitable Foundation



THE
KENNEDY
FORUM

Uniting the Community of Mental Health

thekennedyforum.org

The Kennedy Forum

2013

Goals:

- Unite the field
- Celebrate accomplishments
- Rededicate JFK vision

President Kennedy's Message

February 5, 1963

Our attack must be focused on three major objectives:

- We must seek out the **causes**...and eradicate them. **Prevention** is far more desirable for all concerned.
- We must strengthen the underlying resources of **knowledge**...and **skilled manpower**.
- We must strengthen and improve programs and facilities. Emphasis should be on **timely** and **intensive diagnosis, treatment, training, and rehabilitation**. Services...must be **community based** and provide a **range of services** to meet community needs.

The Kennedy Forum

2013

JFK: “the combination of increased mental health insurance coverage, added State and local support, and the redirection of State resources from State institutions [will] help achieve [the] goal of having community mental health services readily accessible to all.”

PJK: MHPAEA and the ACA position us to finish that job. New science and organizational innovations establish a platform for pushing beyond the possibilities of 1963.

Getting to Parity



- Laws (of some sort) in all but a few states
- 1996 Mental Health Parity Act
 - Incomplete, but a step forward
- 1999 – parity in FEHB program
 - Did not increase spending, but did provide important protections
- 2008 Mental Health Parity & Addiction Equity Act

MHPAEA

- Requires group plans covering 50 or more *that offer MH/SA coverage* to provide it with greater financial requirements or treatment limitations
 - Preempts less stringent laws
 - Extended to individual marketplace and small businesses by ACA
 - Coverage of MH/SA one of 10 EHBs
- Final Rule – November 2013

Next Challenges in Parity

- Implementation
- Education
 - Employers
 - Plans
 - consumers
- Monitoring & Compliance
 - Public
 - Private
- Enforcement
- Legal Action



Roles for Funders

- Education
 - Individuals and families
 - Employers
 - Plans
 - State regulators
 - Media

Thanks!

Bill Emmet

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Connecticut Health
FOUNDATION

Changing Systems, Improving Lives.

Elizabeth Myung Sook Krause



NEW HAMPSHIRE
CHARITABLE FOUNDATION

Parity: Philanthropy's Role

Tym Rourke, MA

Director, SUD Grantmaking and Strategic Initiatives

tr@nhcf.org

NH Charitable Foundation

- Statewide community foundation
- \$500+ million in assets, 1700+ funds
- 10% assets devoted to Substance Use Disorders:
 - 10-year focus: PREVENTION
 - Systems Improvement
 - Policy and Advocacy



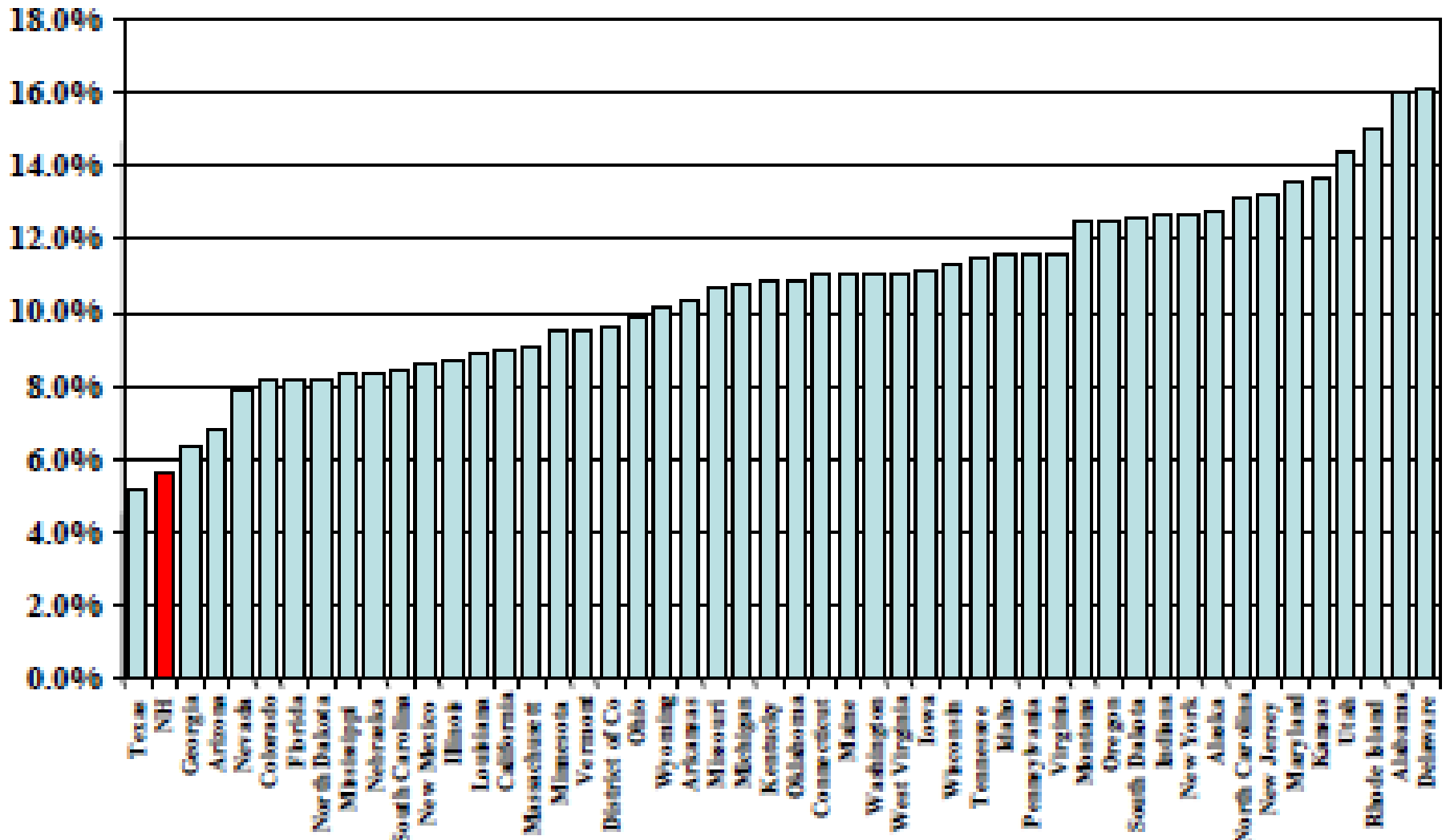
NEW HAMPSHIRE'S RANKING AMONG THE 50 STATES AND TERRITORIES*

According to 2011 NSDUH

AGE RANGE	PAST MONTH ALCOHOL USE	PAST MONTH BINGE DRINKING	PAST MONTH MARIJUANA USE	PAST YEAR NON-MEDICAL USE OF PAIN RELIEVERS	PAST YEAR ALCOHOL OR DRUG DEPENDENCE
12-17	3 rd HIGHEST 17.04%	4 TH HIGHEST 9.87%	2 nd HIGHEST 11.35%	28 TH HIGHEST 6.11%	4 th HIGHEST 8.94%
18-25	3 rd HIGHEST 73.22%	5 th HIGHEST 49.32%	5 th HIGHEST 27.03%	10 TH HIGHEST 12.31%	9 th HIGHEST 21.26%
12-20	1 st HIGHEST 33.52%	3 rd HIGHEST 21.56%			

Figure 5

Pct. of Individuals in Need of Substance Abuse Treatment Who Receive Treatment Services



Source: Center for Behavioral Statistics and Quality, SAMHSA, U.S. Dept. of Health and Human Services

Economic Cost

*The High Cost of Excessive Alcohol
Consumption in New Hampshire*

Executive Summary

PolEcon Research
December 2012



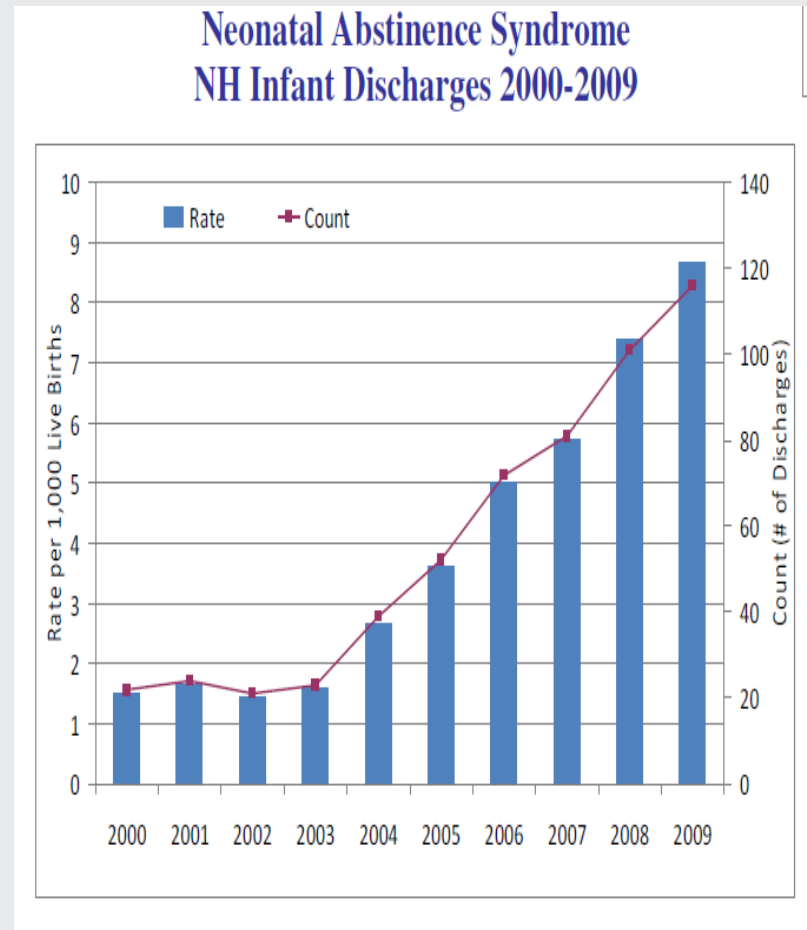
- \$1.15 Billion/year
- Cost Born by:
 - State
 - Small Business



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Related Diseases - SUD

- Cardiovascular
- Stroke
- Cancers
- HIV/AIDS
- Sleep disorders
- Mental Health Disorders
- Fetal Alcohol Spectrum Disorders
- Fetal Drug Exposure
- Etc, etc etc....



Our System Change Partners

NEW FUTURES

**Addiction is a Disease
Let's Treat it that Way**

Prevention, Treatment and Recovery Supports Work

Support alcohol and drug prevention and treatment
for the health of New Hampshire. **NEW FUTURES**
WWW.NEW-FUTURES.ORG



THE
NH PROVIDERS
ASSOCIATION

*Representing
Alcohol & Other Drug Service Providers
in New Hampshire*



NAMI New Hampshire

National Alliance on Mental Illness

we can help improving lives affected by mental illness





NEW HAMPSHIRE
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HEALTH CARE AND HUMAN SERVICES POLICY, RESEARCH, AND CONSULTING—WITH REAL-WORLD PERSPECTIVE.

New Hampshire Medicaid Expansion Study Phase III: An Analysis of Health Benefit Design Options for Current and Newly Eligible Medicaid Beneficiaries

Final Report

Prepared by:
The Lewin Group and DMA Health Strategies

September 2013



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The Power of Best Practices
LAUNCHING SBIRT IN A COMMUNITY HEALTH CENTER

JULY 2013







NEW HAMPSHIRE
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Thank You!

www.nhcf.org

Question?

Please type your question into the Chat Box or press
*6 to unmute your phone line and ask a question

- More webinars on this topic?
- New topics you want to tackle or learn more about?
- Innovative work that you want to share?
- A question you want to pose to your colleagues?

Contact us at BHFN@gih.org