

# Partnering to Support Veterans and Military Families

November 4, 2015 2:00 p.m. Eastern

Shelley MacDermid Wadsworth, Military Family Research Institute at Purdue University

Catharine Grimes, Bristol-Myers Squibb Foundation

Peter Long, Blue Shield of California Foundation

Stephanie Powers, Council on Foundations



#### Some Thoughts About Military-Connected Families

Shelley MacDermid Wadsworth, M.B.A., PhD. November 4, 2015

Presented for Grantmakers in Health

# Strategic Goals

- MFRI has five strategic goals:
  - Support the military infrastructure that supports families.
  - **Strengthen** the motivation and capacity of civilian communities to support military and veteran families.
  - **Generate** important new knowledge about military and veteran families.
  - **Influence** policies, programs and practices supporting military and veteran families.
  - Sustain a vibrant learning organization.

# Behavioral Health Needs and the OIF/OEF Generation

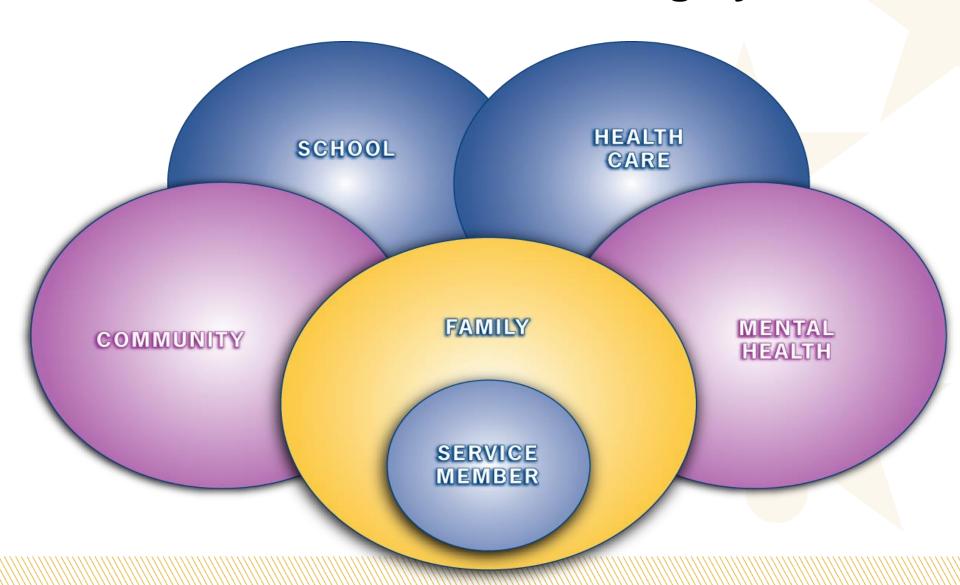
Rates
Spouses
Children

Continuum of risk

### Needs

- Many problems are the same for civilian and for military; some are unique
- DoD and VA responsibilities
- Paying for treatment in National Guard
- Children and families
- Preparing community-based providers

## Military and Veteran Families are Embedded Within Interlocking Systems



# Behavioral Health Needs and the OIF/OEF Generation

An MFRI approach



## **STAR BEHAVIORAL HEALTH PROVIDERS**

Civilian Professionals. Military Sensitivity.

#### Collaborators











### **Contact Information**

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# CATHARINE GRIMES DIRECTOR BRISTOL-MYERS SQUIBB FOUNDATION

# **Bristol-Myers Squibb Foundation Global Footprint**

www.bms.com/sr/foundation

# Returning Veterans in the U.S.



#### Lung Cancer in the U.S.



#### Type 2 Diabetes in the US



#### **Specialty Care in the US**



# Cancer in Central and Eastern Europe



#### **HIV/AIDS in Africa**



#### **Hepatitis in Asia**



The mission of the Bristol-Myers Squibb Foundation is to promote health equity and improve the health outcomes of populations disproportionately affected by serious

# Veterans Mental Health Grant Program: The Need

- Currently 2.4 million Veterans of Iraq and Afghanistan with <u>one million more</u> separating by 2016
- <u>Almost half</u> of Veterans who seek services at the VA are diagnosed with a mental health disorder<sup>1</sup>



Compared to the general population, these vets are more likely to:

- be <u>unemployed</u><sup>2</sup>
- get divorced3
- be homeless4
- commit suicide5

#### On average, 22 Veterans commit suicide every day

- VA Office of Public Health and Environmental Hazards. Analysis of VA health care utilization among Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) veterans. Washington, DC2010 February.
  - Resnick SG, Rosenheck RA. Posttraumatic stress disorder and employment in veterans participating in Veterans Health Administration Compensated Work Therapy. J Rehabil Res Dev. [Research Support, U.S. Gov't, Non-P.H.S.]. 2008;45(3):427-35.
- 3. Kulka RA, Schlenger WE, Fairbanks JA, Hough RL, Jordan BK, Marmar CR, Weiss DS, Grady DA. Trauma And The Vietnam War Generation: Report Of Findings From The National Vietnam Veterans Readjustment Study. 1st ed:
- 4. Homelessness Research Institute. Vital mission: ending homelessness among Veterans. Research Reports on Homelessness [serial on the Internet]. 2007: Available from: http://www.endhomelessness.org/files/1837 file 32955 NAEH CARD R1.pdf.



# BMS-Foundation Funding Strategy: R&D / Health Outcomes Research Approach

# We are Funding <u>research-based pilot or demonstration</u> <u>projects</u> that:

- Develop, implement and evaluate <u>new models</u> of community based care & supportive services
- Adapt <u>existing, proven models</u> and evaluate them in new populations

#### Health Outcomes Research studies the end results of medical care

- the effect of the health care process on health and well-being of patients and populations
  - Efficacy studies
  - Operations research / Effectiveness Studies
  - Implementation science

# BMS-Foundation Funding Strategy: A R&D / Health Outcomes Research Approach

BMS-F criteria for funding includes inclusion of formal research protocol in all grant applications.

#### Such research studies must be:

- Conducted according to a protocol approved by the appropriate <u>Institutional Review Board</u> (IRB)
- Accompanied by <u>informed consent</u> procedures for all subjects involved in the study
- Conducted according to **Good Clinical Practice**

### M&E vs. Protocol Based Research

#### **Monitoring & Evaluation**

Most funders require all grantees to develop & report the results of their programs according to rigorously designed M&E frameworks

M&E results are reported on a biannual basis and are reviewed to ensure progress is being made in line with the program's stated objectives

These data are used for internal management of the program by the grantees and for reporting to the funding organization

Such M&E data are not generalizable and not suitable for publication

#### **Protocol Based Research**

The results of IRB approved research are generalizable: i.e. they can be applied to the general population of returning veterans

The results of IRB approved research can be submitted for publication in peer-reviewed journals

The methodology of published health outcomes research can be utilized to achieve replication of the intervention in other settings

The value of replication can be further assessed through implementation science studies



## **BMS-F Example**

#### **Efficacy Study Example:**

**Organization: Prevail Health Solutions** 

**Study Design:** RCT compared to lesser fidelity version of the full program

#### **Results:**

- As effective at reducing PTSD & depression as face-to-face treatments for low to moderate distress Veterans
- Delivered at a cost of less than .5% of face-to-face intervention.
- Reaches veterans in rural areas or with transportation problems

#### **Operations Research Example:**

**Organization:** Boston University

<u>Study Design</u>: Testing the VetChange, online and app based patient self management tool for risky drinking and symptoms of PTSD in the real world setting. The RTC was done and showed significant improvement of both risky drinking days and symptoms of PTSD. We are looking to see if we get the same results in a non controlled setting.

#### **Implementation Science Example:**

Organization: University of Michigan Medical Center – PAVE project

<u>Study Design</u>: Taking the already proven Buddy-to-Buddy peer to peer program that was developed for the National Guard, adapting it, and implementing and testing it in college camp **Bsisettings**: Squibb

# blue of california foundation

Blue Shield of California Foundation is an independent licensee of the Blue Shield Association

# why every funder can be a veterans funder

Peter Long
President and CEO
Blue Shield of California Foundation

blueshieldcafoundation.org

November 4, 2015

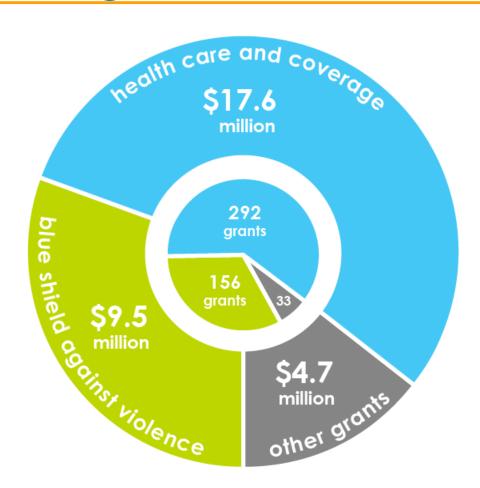
### our mission

To improve the lives of all Californians, particularly the underserved, by making health care accessible, effective, and affordable, and by ending domestic violence.

## over \$322 million in grants since 2002

in 2014:





we want all Californians to be healthy and safe

# preventing violence in the homes of military families

#### stage I:

#### laying the groundwork

investing in research to fill data & information gaps, piloting new tools and approaches at community level



#### stage II:

#### educating & shared learning

convening and connecting CA stakeholders, and sharing proven tools & programs



# preventing violence in the homes of military families

#### stage III:

#### engaging partners outside of CA

moving beyond local efforts to create broader networks and communities of practice



#### stage IV:

#### institutionalization

multi-sector collaboration to create systemic change in the way we serve & support our vets, and scaling ideas that work





#### our lessons

- Any funder can be a veterans funder.
- Impact is achievable and concrete.
- Cultural responsiveness is critical.
- Resource navigation and coordination is in high demand.
- Veterans funders are eager to collaborate.

# thank you



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Facebook.com/blueshieldcafoundation



Youtube.com/user/BlueShieldCAFdn



An Initiative of the Council on Foundations



### Veterans Philanthropy Exchange

The Philanthropy Exchange online platform creates an unprecedented clearinghouse for philanthropic funders to share best practices. It provides a collaborative investing forum for foundations to align investments with other public and private partners for greater collective impact on services for veterans and their families.

The Veterans Philanthropy Exchange will help grantmakers efficiently gather and share high-value information, best practices, and real time communication across a variety of foundation types.

Some features of the Exchange include:

- Resource Library
- · Mapping tools, powered by the Foundation Center
- Individual donor information
- Strategy building tools on best practices
- · Peer to peer engagement and learning
- Calendar of Events
- · Recent News on Veterans Funding
- Topical focus on issues, like homelessness, unemployment, mental health services, community reintegration, family housing, and transition planning

To be eligible to enter the Exchange, your organization must:

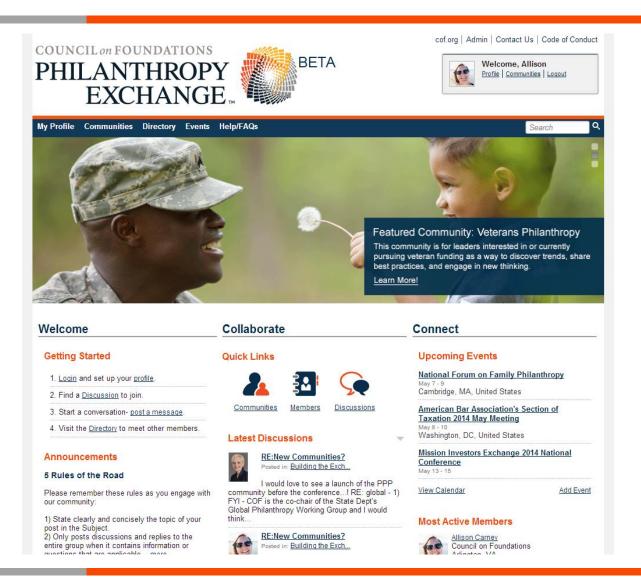
- Fund or be interested in funding veterans' and military families' services
- Have an independent governance structure
- Not be a government entity

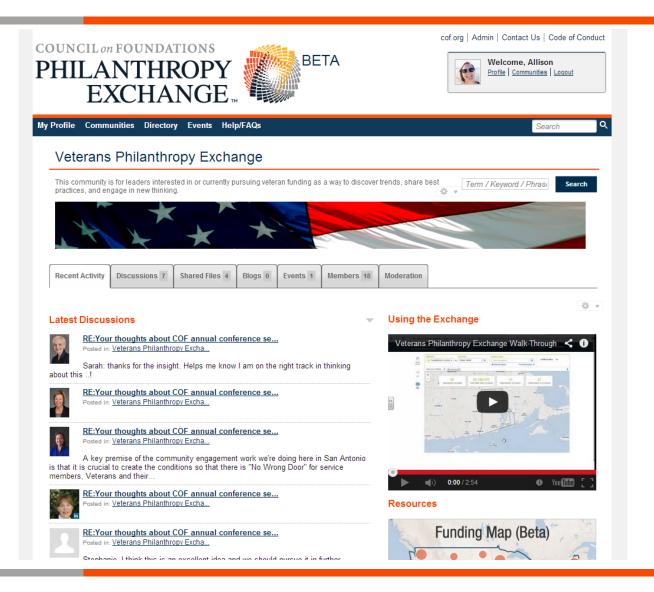
If you are a funder and wish to become a Veterans Philanthropy Exchange community member, send an email to <a href="mailto:membership@cof.org">membership@cof.org</a>.

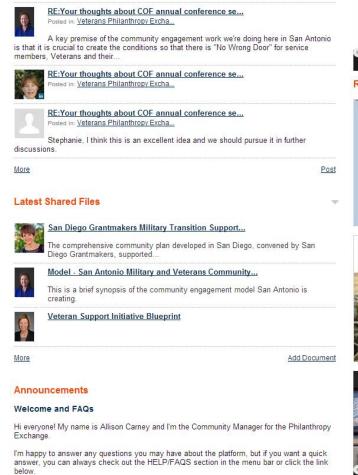


#### The Council on Foundations' Philanthropy Exchange:

- Allows the funding community simple and instant access to discussions with their peers across the globe
- Provides a space for foundation staff to cultivate a searchable online library of best practices, resources and events
- Creates a private community where our sector's leaders can candidly seek and give advice to their peers







Always feel free to e-mail or call at allison.carney@cof.org or 703 879 0736.

Thanks!



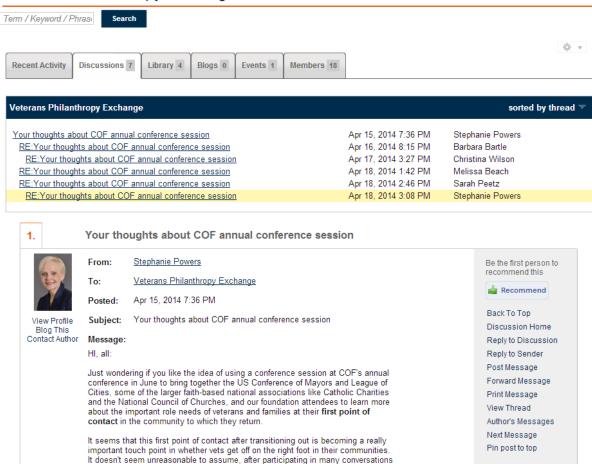


**Upcoming Events** 

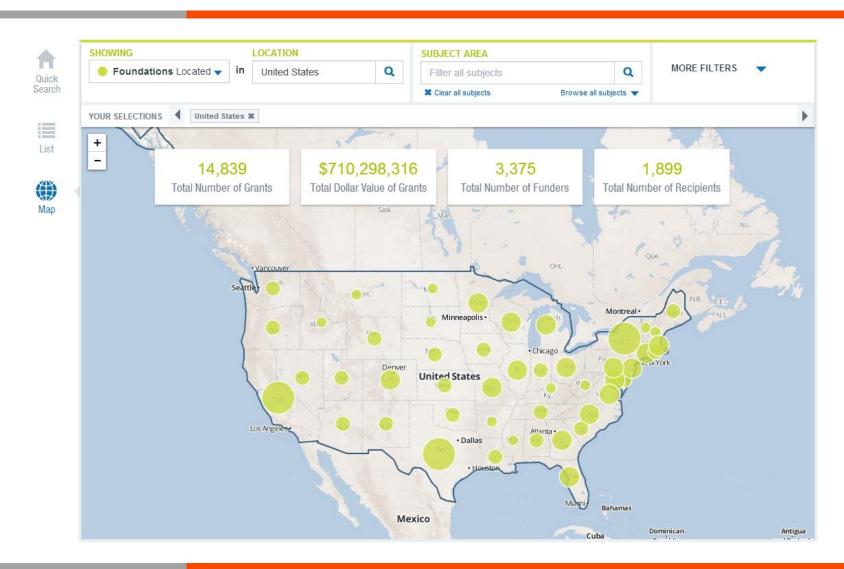
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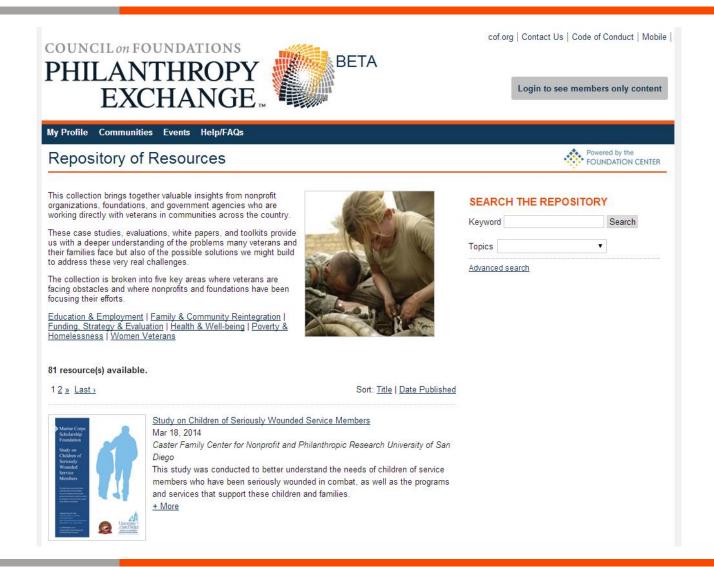


#### Veterans Philanthropy Exchange



this past year, that the first point of contact, when an individual or a family member starts to have problems or has critical needs, is a community-based agency or a faith-affiliated entity. The House Veterans Affairs roundtable last







**OVER \$276 MILLION IN SUPPORT OF VETERANS** 

# Philanthropy-Joining Forces Impact Pledge

Watch the recap from the second annual convening of funders dedicated to supporting veterans and military families. READ MORE



### Philanthropy-Joining Forces Impact Pledge

- Dedicated to supporting America's veterans and military families through philanthropy.
- Voluntary Pledge Launched in April 2014 5 year commitment
- Funder response to White House Joining Forces Initiative led by First Lady Michelle Obama and Vice President's wife, Dr. Jill Biden
- Investments of 34 funders and corporations nearly \$270 million
- Grants and other forms of support
- First national funders community



### Philanthropy-Joining Forces Impact Pledge

 Council Website: P-JFIP Report and Profiles of all Pledge Members





#### **Philanthropy-Joining Forces Impact Pledge**

"We commit to participate in the "Philanthropy Joining Forces Impact Pledge" that will support America's veterans of the Iraq and Afghanistan wars and their families, as they rejoin our communities and continue their missions of service.

We laud the sacrifices they have made for our nation.

We pledge to use our capabilities and resources to make meaningful contributions to them and their families as they transition from active duty to civilian life.

We are prepared to make our participation in the Philanthropy Joining Forces Impact Pledge public and self-report on our results, on an annual basis for up to five years."

To inquire about joining the Pledge in 2016, contact Don Cooke, Vice President of Philanthropy, Robert R. McCormick Foundation –DCooke@mccormickfoundation.org



### Day for the Brave November 11

- Unique crowdfunding campaign pro-bono by Razoo
- Raises funds to provide housing essentials to veterans experiencing homelessness through the Welcome Home Kit initiative.
- Collaboration: Council on Foundations, Funders Together to End Homelessness, and Community Solutions

#DayfortheBrave



#### For More Information

**Contact Stephanie Powers** 

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703-879-0626



## Question?

Please type your question into the Chat Box or press \*6 to unmute your phone line and ask a question