

# **Integrated Behavioral Health and Primary Care: Challenges, Opportunities, and Next Steps**

May 14, 2015 2:00 p.m. Eastern

Ben Miller, Eugene S. Farley, Jr. Health Policy Center, Department of  
Family Medicine, University of Colorado School of Medicine



**EUGENE S. FARLEY, JR.  
HEALTH POLICY CENTER**  
A Collaboration For Studies In Primary Care

# CREATING A CULTURE OF WHOLE PERSON HEALTH: MULTI-METHOD RECOMMENDATIONS FOR THE FIELD OF INTEGRATED BEHAVIORAL HEALTH AND PRIMARY CARE

Benjamin F. Miller  
Department of Family Medicine



Robert Wood Johnson  
Foundation

---



# Definition

The care that results from a **practice team** of primary care **and** behavioral health clinicians, **working together with patients and families**, using a systematic and cost-effective approach to provide patient-centered care for a defined population. This care may address mental health, substance abuse conditions, health behaviors (including their contribution to chronic medical illnesses), life stressors and crises, stress-related physical symptoms, ineffective patterns of health care utilization.

## **Value of Integration:**

Physical/Behavioral Integration is **good health policy** and good for health.

# Our approach

- The principle objective of this project is to better understand the field of integrated primary care and behavioral health. To accomplish this, there are four main objectives:
- To conduct a **literature review** of peer reviewed manuscripts, grey literature and expert writing on the internet (i.e. blogs, articles, etc.);
- To conduct **key informant interviews** to obtain a depth of insider knowledge regarding the field of integrated behavioral health and primary care;
- To convene a **national leader summit** to address the barriers and facilitators to full-scale adoption of behavioral health and primary care integration and to advance the field from clinical, operational, financial, training, and policy perspectives; and
- To **make recommendations** to RWJF and other funders as to how they may be able to help the field move forward.

*To create a culture of health and  
transform the culture of healthcare delivery.*

---

Ground Rules

**WE WANT TO HEAR FROM YOU!**



# Funding

- What work related to integration does your organization currently fund?

# Funding

- Please describe any promising efforts.

# Challenges

- What specific questions or challenges would you like to see our work address?

# Recommendations

- How can we design and optimize our recommendations to be useful to funders?
- What are some priorities we should keep in mind?

# Dissemination

- How does your organization stay current with findings and recommendations?
- What sources do you turn to?

Additional thoughts?

**BENJAMIN.MILLER@UCDENVER.EDU**

- More webinars on this topic?
- New topics you want to tackle or learn more about?
- Innovative work that you want to share?
- A question you want to pose to your colleagues?

Contact us at [bh@gih.org](mailto:bh@gih.org)