

Improving Mental Health Conditions Worldwide

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Michelle Funk, World Health Organization Natalie Drew, World Health Organization Octavio Martinez, Hogg Foundation for Mental Health



Promoting the human rights of people with mental health conditions

The WHO QualityRights project & Launch of the MiNDbank online platform

Michelle Funk and Natalie Drew
Mental Health Policy and Service Development



Global Human Rights Emergency



Isolation

Abuse

Inhuman and dangerous living conditions

Seclusion

Restraint

Violence

Rape

Poor care

Neglect











WHO QualityRights Objectives

- Assess and improve the quality of services and human rights conditions in inpatient and outpatient mental health facilities
- Build capacity among service users, families and health workers to understand and promote human rights
- Develop civil society movement of people with mental disabilities to provide mutual support, conduct advocacy and influence policy-making processes
- * Reform national policies and legislation in line with best practice and international human rights standards.



WHO QualityRights Toolkit

- How to conduct a comprehensive assessment of inpatient and outpatient mental health facilities
- How to report the findings of the assessment
- How to use the results and recommendations to improve quality of care and human rights





WHO QualityRights Toolkit

Toolkit establishes key standards to be met in all inpatient and outpatient facilities

- Safe and hygienic living conditions and a social environment conducive to recovery
- Evidence based care for mental and physical health problems based on consent
- Facilities that enhance autonomy and engage people in their own recovery
- Facilities that document, report and prevent inhuman treatment practices, violence and abuse
- ❖ Facilities that support people to access employment, education, social and housing services so they can live independent lives in the community





An online platform of resources covering mental health, substance abuse, disability, general health, human rights, & development

A product of



More Inclusiveness Needed in Disability & Development

- A new online platform that pulls together key resources on mental health, substance abuse, general health, disability, human rights, and development
- Easy and free access to national and international resources:



National

- Mental health policies, strategies and laws
- Substance abuse policies, strategies & laws
- Disability related policies, strategies &laws
- Health policies, strategies and laws
- Health and mental health service standards
- Capacity related legislated
- Human rights legislation, including child rights legislation
- National constitutions
- Poverty reduction and development strategies

International & Regional

- International and regional human rights conventions and treaties
- CRPD Member States reports, Shadow Reports & Concluding Observations
- UN Special Rapporteurs reports
- Key World Health Organization resources
- UN and WHO resolutions

More Inclusiveness Needed in Disability & Development



www.who.int/mental health/mindbank

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Benefits

- Allows sharing of key policy, strategy and technical documents, and best practices across countries
- Facilitates integration of human rights standards into health areas
- Help stakeholders within countries to understand the country policy context
- Facilitates research and advocacy

Target audience

- Mental health, disability, health policy makers and planners
- Legislators and parliamentarians
- Mental health, disability, health & human rights advocates, NGOs and DPOs
- Academic and research centres
- Training centres
- Health and mental health workforce

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Basic statistics

- > 4000 documents uploaded
- > 160 countries represented

More Inclusiveness Needed in Disability & Development



Future Directions

- Complete collection of resources for all 194 countries
- Complete resources at state level, e.g. United States of America
- Build in new resources around recovery, alternatives to coercion, promotion of legal capacity

WHO MiNDbank Collaborators



- MiNDbank has been made possible thanks to the collective efforts of WHO Member States in sharing their national resources
- Inputs and collaboration from WHO Country and Regional offices

International and national partners:

- **♦** CBM
- Athena Institute, Faculty of Earth and Life Sciences, VU University of Amsterdam
- Chester M. Pierce, M.D. Division of Global Psychiatry, Massachusetts General Hospital, Harvard Medical School
- Centre for Addiction and Mental Health, Toronto
- Centre for Mental Health Law and Policy, Indian Law Society (ILS)
- Mind Freedom International
- Mental Health Users Network of Zambia



Questions?

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